



Why Helio Risk?

Helio is uniquely suited to design and build new healthcare captives, or restructure and grow existing healthcare captives. No other captive management and risk consulting firm can match the decades of healthcare-specific experience found within Helio's Healthcare Division. This expertise distinguishes us, and more importantly, makes all the difference to clients who need consultants to hit the ground running.

- Captive Design, Licensing, and Ongoing Management
- Captive Consulting and Best Practice Review
- Risk Management Consulting
- Claims Consulting and Audit of Claims Handling/Reserving
- Total Cost of Risk Assessments and Recommendations
- Enterprise Risk Management Consulting and Implementation



Captive Management

Helio maintains strong collaborative relationships with brokers, actuaries, other service providers, and regulators to provide clarity and leadership to the team effort on behalf of captive clients.



Risk Consulting

Helio customizes targeted solutions to evolving risk concerns for captive and commercially insured clients, using decades of proven expertise in hospital, medical provider, and system-based risk.

Best in Class Services Delivered by Industry Experts

Healthcare Division Co-Leaders Heather McClure and Kyle Sweet, along with Helio's team of industry professionals, offer clients the benefit of careers devoted to healthcare - Kyle as a litigator defending hospitals and physicians around the US, and Heather as lead in-house risk and legal counsel to health systems and providers, each for over 25 years.

What makes their experience even more compelling for healthcare clients is their deep understanding of captive insurance. With an advanced degree in healthcare law, Heather operated a large medical system's captive, risk, insurance and claims programs for over a decade. Kyle is also an owner/operator of a successful captive insurance company.

Each have been legal counsel for large healthcare captives, and both are well-known industry speakers and educators on topics related to claims resolution, risk reduction, captives, and patient safety. Kyle is on the board of a major academic medical institution's patient safety collaborative, encouraging national implementation of communication and resolution techniques. Heather was recently elected 2025 Chair of the Board of Directors for Captive Insurance Companies Association (CICA), the largest domicile-neutral captive association in the world.





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About Helio

With multiple offices around the country, Helio Risk is a full-service captive management and risk consulting firm of Account Management Specialists, Captive Managers, Risk Control Specialists, Registered Nurses, Certified Public Accountants, and other administrative and clinical staff available to provide insight and expertise to healthcare clients' most challenging needs.

Working together with brokerage teams, actuaries, and other service providers, Helio identifies strategic areas for captive integration within comprehensive insurance programs.